

The Molloy College Men's Basketball camp is committed to offering quality basketball instruction. The five facets: shooting, ball handling, passing, rebounding and defense will be stressed continuously throughout the week. Knowledge of these five components is vital to any basketball player's game.

The priority of our camp is to teach every player the fundamental skills of basketball. Each camper will work with and learn from our skilled coaches. Drills, stations, lectures, games, films and contests will be a significant portion of our structured camps.

All of our coaches are NCAA college coaches or players.



Directions to Molloy College

BY CAR:

Take the Southern State Parkway (reached via the Cross Island Parkway from the Whitestone and Throgs Neck Bridges; or via the Belt Parkway from the Verranzano Bridge) to either Exit 19 or Exit 20.

BY RAILROAD:

Take the Long Island Railroad Babylon line from Pennsylvania Station in Manhattan, Flatbush Avenue Station in Brooklyn, or other Babylon line stations to Rockville Centre Station. (Eastbound travelers inquire for possible change at Jamaica Station.) Bus and taxi service is available to and from campus. The N16 line of the Metropolitan Suburban Bus Authority stops at the campus entrance.

2009

BASKETBALL CAMP FOR BOYS AND GIRLS AT MOLLOY COLLEGE



Camp Directors

Charlie Marquardt

Bob Houlihan

August 10 - 14

Ages 8 – 14

Molloy College
P.O. Box 5002
Rockville Centre, NY 11571-5002

For Camp Information Call:
(516) 678 – 5000 ext. 6647/6409

SUBJECTS

SHOOTING

- Footwork
- Follow Through
- Shooting off Dribble
- Shooting off Screen
- Shoots off Pass
- Bank and Swish Theory

BALL HANDLING

- Finger Tip Control
- Court Awareness
- Changing the Angle

DEFENSE

- Stance and Footwork
- Helpside Philosophies
- On Ball Defense
- Perimeter/Post Defense
- Zone Principals

PASSING

- Techniques
- Bounce
- Chest
- Overhead
- Utilization

REBOUNTING

- Footwork
- Offensive Moves
- Attitude Needed
- “Angle” Box

Location

The camp is located on the campus of Molloy College in Rockville Centre, N.Y. Indoor court (air conditioned and outdoor courts used).

Equipment

T-shirts, shorts, sneakers and a towel

LUNCH WILL BE PROVIDED

Registration

Fill out and return the form with full payment.

Checks Made Payable to:

Charlie Marquardt

Cost

\$300.00 per camper

20% Discount per Additional Family Member in the Same Week.

10% Discount for Molloy Faculty and Staff.

Only one of these discounts may be used.

Transportation

Transportation will be provided for an additional cost, if there is a demand.

Medical

A Certified Athletic Trainer is on duty at all times. Our campers use the Molloy College Trainers Room.



MEN'S BASKETBALL CAMP

APPLICATION FORM

Name: _____

Address: _____

Phone: _____

Age: _____ Date of Birth: _____

Emergency Contact Information:

(Name) _____ Phone #) _____

Men's T-Shirt Size: _____

Health Certification

My child is in good health and has my permission to participate in the basketball clinic. My child has had no previous illness, disease or bodily injury which is contradictory to participation in Molloy College's Skills Clinic. It is understood that the medical policy insures only against a loss resulting directly from participation in the basketball clinic after your own insurance has been used.

Signature: _____

(Parent or Guardian)

Date: _____

Send to: Summer Camp at Molloy College
CHARLIE MARQUARDT
1000 Hempstead Avenue
P.O. Box 5002
Rockville Centre, NY 11571-5002